

Little
Luxuries
Health & Beauty

Treatments
Price list

ELEMIS

CRYSTAL CLEAR
SKINCARE



CND^e
Hands Feet Beauty

LaStone®

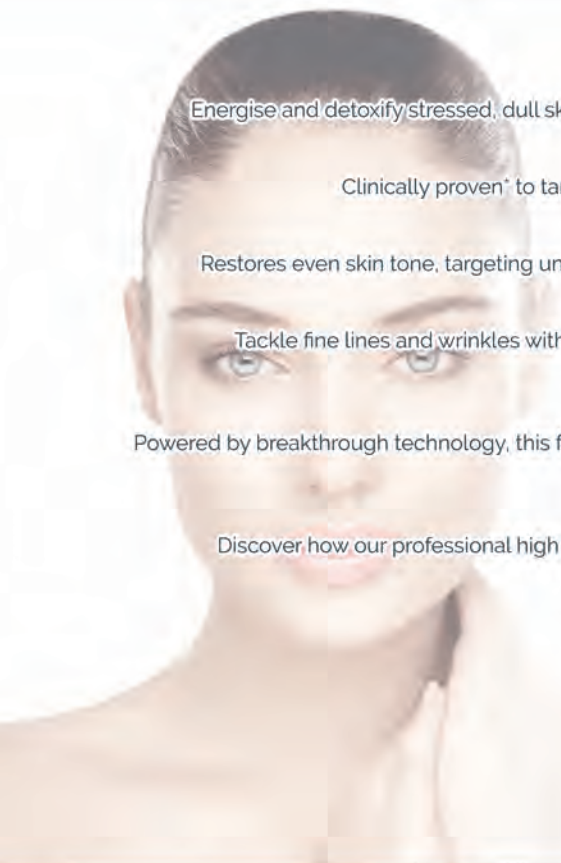
CACI
NON SURGICAL SOLUTIONS

bareMinerals®
By BARE ESSENTIALS

LAVASHELLS®

ST. TROPEZ
The Ultimate Tan

SWAROVSKI



Elemis Express Facial £25 25mins

Short on time and your skin needs a powerful pick me up

Elemis Superfood Pro-Radiance £45 55mins

Energise and detoxify stressed, dull skin with a nutritional superfood boost. Leaves skin, plumper, radiant and lit up with good health.

Elemis Dynamic Resurfacing Precision Peel £60 55mins

Clinically proven* to target the signs of ageing and uneven skin tone. A new start for smoother, younger-looking skin.

Elemis White Brightening pigment perfector £60 55mins

Restores even skin tone, targeting unwanted areas of pigmentation. Illuminates and brightens for a naturally more even complexion

Elemis Pro-Collagen Age Defy £65 55mins

Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral.

*Independent Clinical Trials

Elemis Pro-Definition Lift & Contour £65 55mins

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

Elemis Biotec Facials

Discover how our professional high potency ACTIVES, ELEMIS' unique Skin Lift TOUCH and science of 5 in 1 advanced bio-electric TECHNOLOGY work in perfect synergy with the skin's natural bio-electric field.

Biotec Eye Treatment £30 25mins

Biotec Neck Treatment £30 25mins

Biotec Radiance Renew £50 55mins

Biotec Blemish Control £50 55mins

Biotec Sensitive Skin Soother £50 55mins

Biotec Anti-Pigment Brightener £60 55mins

Biotec Skin Resurfacer £60 55mins

Biotec Line Eraser £65 55mins

Biotec Firm-a-Lift £65 55mins

Caci has attracted an unrivalled celebrity following, making it the most published and talked about treatment in the industry, for the first time offers a viable alternative to surgery.

CACI non-surgical treatment £41 55mins

Caci gently helps to tighten and tone sagging muscles while smoothing the appearance of fine lines and wrinkles

CACI deluxe treatment £59.50 70mins

Combines the powerful actions of the Caci non-surgical with a specialized treatment for skin rejuvenation, lines and wrinkles.

CACI hydro tone £26 25mins

This mask has powerful properties that have a softening action on the skin tissue to plump out and smooth fine lines and wrinkles

CACI Eye Revive £30 25mins

The CACI Eye Revive treatment uses serum filled CACI microcurrent rollers together with a deeply nourishing Hydro Eye Mask to lift hooded eye lids, reduce puffiness and dark circles and soften the appearance of fine lines and wrinkles around the eyes.

CACI Jowl Lift £25 25mins

The CACI Jowl Lift has been developed to specifically target muscle laxity around the jawline which can cause drooping jowls and loose skin. This treatment is specially designed to lift and firm the muscles and refine facial contours to give a firmer, more toned appearance.

CACI Lip Treatment £25 25mins

Get those lips looking juicy and luscious. CACI's award winning Amino Lift Peptide Complex is combined with the Wrinkle Comb and red LED light therapy to instantly plump the lips and soften lines typically associated with smoking, giving the perfect party pout.

Crystal clear facials

The celebrities' favourite treatment

A clinically proven skin-resurfacing treatment to effectively treat a whole host of skin care concerns.

Express Crystal Clear £37 25mins

Is a beauty treatment to the stars. Gently exfoliates and is a solution to open pores, blemish scars, acne, stretch marks and much more.

Deluxe Crystal Clear £48 55mins

Combines crystal clear facial with the mini lift mask to immediately firm, deep cleanse and smooth the skin. Reduces wrinkle depth up to 26%

Lash & Brow Treatments

Eyelash tint	£11
Eyebrow tint	£7.50
Eyelash & brow tint	£15

HD Brows £25 40mins

What is HD brows? It's a unique treatment for the ultimate well-groomed, high-definition eyebrows. The HD brows eyebrow shaping procedure transforms the way you look and more importantly, how you feel

Nouveau LVL Enhance £49 50mins

When all focus is on eyes, LVL is the hottest Beauty Trend LVL stands for Length, Volume and Lift. This treatment lasts up to 6-8 weeks

Nouveau Lashes Extend £55 90mins

Professionally applied las extensions giving you teh appearance of fuller, thicker looking lashes with added volume.

Nouveau Russian Volume £70 120mins

This new technique involves the use of ultra fine lashes than can be added to the clients natural lash to create the most amazing results. Because these eyelash extensions are so lightweight we can safely add up to six splayed extensions per one natural lash to create beautiful full looking lashes.

Maintenance Infill £25 for 30mins

NOUVEAU LASHES EXPRESS

choose from a variety of looks that last from one day to two weeks - express offers three flexible lash treatments

Express Strip Lashes	£12
Express Cluster Lashes	£20
Express Lash Extensctions	£30



Hair Removal

Using Australian Bodycare tea tree wax and after care products to soothe and protect



Eyebrow	£7.50
Lip or Chin	£7
Lip & Chin	£9.50
Underarm	£9.50
Bikini	£9.50
High Bikini	£15
Half leg	£16.50
Full leg	£23
Full leg & bikini	£29
Forearm	£15
Chest	£18.50
Back	£18.50

Advanced waxing

Using Australian Bodycare tea tree hot wax which will reduce the pain and ensure that every little hair is hygienically removed

Californian	£25
Brazilian	£31
Hollywood	£36

Blend Electrolysis

10mins	£9.50
20mins	£13.50
30mins	£17.50

Bare Escentuals Mineral Make-Up

Bare Minerals is made up of 100% pure minerals which no additives and zero irritants, what so ever. Bare Escentuals mineral make-up provides adjustable coverage, its so pure you can sleep in it.

Colour match Complimentary

Make over £25 40mins
For that special occasion

Make over and lesson £30 55mins
Learn the tips and tricks of the trade

Bridal make-up service from £150

Includes brides trail make-up, home visit on wedding morning (within 10 mile radius) brides makeup on the day and Bare Minerals Lip product of your choice – any additional make-overs on the day for mother of the bride, bridesmaids etc ... are charged at £30 per head

Tanning



St Tropez Air

The ultimate salon tan will develop to reveal a deep and even glow. Ideal to have 24hrs before your occasion, prior to treatment wear loose dark clothing and no perfume or deodorant

St Tropez Original	£21
St Tropez Dark	£26
St Tropez Instant	£26
St Tropez Luxe Oil Mist	£26

CND Shellac is the original and only Power Polish service, empowering you a real women, with 14+ days of superior shine. Set it and forget it. Improve your nails with a coat of amour.

Shellac Express	£18	30min
Shellac manicure	£26	45min
Shellac pedicure	£26	45min
Shellac French	£30	60min

CND Vinylux
The patent-pending technology in the vinylux creates a long lasting fast drying polish.

Re-Varnish	£8.50	15mins
Manicure	£17	30mins
Pedicure	£25	45mins

Add a touch of luxury ...

ELEMIS

Elemis Garden of England Rose Restore Hand Treatment £15 30min
This is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness.

Elemis Best Foot Forward £15 30min
Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.

Add these treatments to any of the above nail services to create our own luxury bespoke treatment

Elemis freestyle deep tissue massage

Using prescribed oils for individual needs and powerful massage techniques this treatment proves immediate tension relief, to give you that unique body experience

Back £28 25mins Full body £47.50 55mins

Elemis hot mineral body boost £55 55mins

A powerful treatment to stimulate every cell in the body, helping alleviate muscular pain and remove toxins. This is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energising wellness.

Elemis Garden of England Rose Restore £55 55mins

Take a walk in an English rose garden with this lavishly hydrating massage and micro wrap. The unique trio of Rose, Camelina and Poppy seed oils leaves skin exquisitely moisturised, intensely supple and delicately scented.

Elemis Deeper than deep hot stones

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension.

The result is sparkling vitality with the added bonus of intensely hydrated skin.

£35 25mins £65 55mins

Elemis Poultice Powered muscle release £65 55mins

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Each area of tension is specifically targeted with the unique Amber and Quartz poultice to dissolve knots and ease tensions.

Completed with a restorative facial massage, tension is dissolved.

Lava Shells

This revolutionary and unique massage uses naturally self warming Tiger Clam Shells to deliver a seamless treatment tailored to suit your individual needs. Alleviating the deepest aches and pains while their warming energy revitalizes rebalances the body and mind.

Hot Lava Shell Relax Back massage £30 25mins Hot Lava Shell Relax Full Body massage £52 55mins

Swedish massage

Relaxing treatment to ease away those everyday aches and pains

Swd back neck & shoulder £22 25mins

Swd face neck & shoulder £22 25mins

Swd fullbody £36 55mins

Elemis Couture Touch

Condition your skin and muscles with this all-embracing experience. Combine any 30-minute or 1-hour ELEMIS facial with your personalised Freestyle Deep Tissue Massage or Deeper than Deep Hot Stone Massage.

£70 55mins £95 85mins

Body Scrubs & Wraps

Elemis body nectar nourishing wrap – Sweet orchid or Frangipani £45 55mins

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

Elemis intensely cleansing salt scrub – Lime & Ginger or Frangipani £30 25mins

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

Body Detox & Cellulite

Elemis Thousand Flower detox wrap £50 55mins

This nutrient-rich detox wrap uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

Elemis Targeted Toning Tightener

Arms £25 25mins

Hips & Thighs £35 25mins

Full Body £75 85mins

A powerful blend of massage and detoxifying clay for targeted toning and tightening on hips, thighs, abdomen and backs of arms.

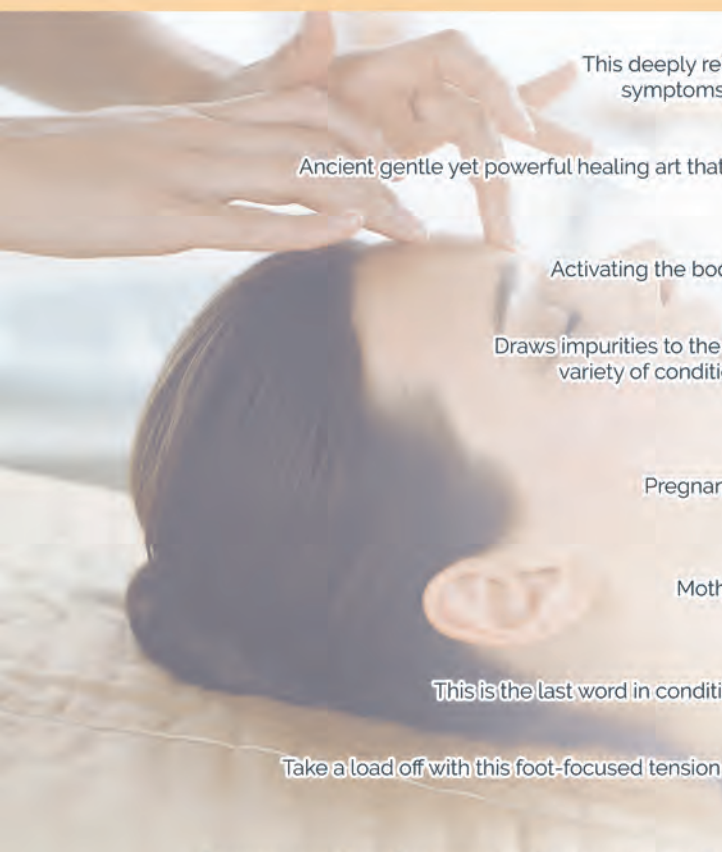
Clinically proven* to reduce the appearance of cellulite after just one treatment.

*Independent Clinical Trials.

Physique Ultima £13.50 25mins

Visible results are evident in one session using a selection of electrical impulses delivered to the muscles which imitate natural muscle contractions that the body performs during exercise.

course of 10 £102.50



Indian Head Massage £29 40mins

This deeply relaxing massage has been practiced in Indian for decades excellent for relieving symptoms of tension, headache, eye strain, insomnia, stress and general aches and pains

Reiki

Ancient gentle yet powerful healing art that uses the life energy to provide increase health and natural healing of the body

£15 30mins £27 60mins

Reflexology £34 55mins

Activating the bodies natural healing ability and can help to alleviate a variety of health concerns

Hopi Ear Candles £25 30mins

Draws impurities to the surface where they can be safely removed. Ear candling can be used to treat a variety of conditions, excessive or compacted wax, cold and flu, rhinitis, sinusitis and headaches

Pregnancy

Pregnancy is almost certainly the most special period in any woman's life, so here are a few treatment that are particularly beneficial during this special time

Elemis Peaceful Pregnancy massage £55 75mins

Mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

Elemis Garden of England Rose Restore Hand Treatment £15 30min

This is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness.

Elemis Best Foot Forward £15 30min

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.

Elemis Superfood Pro-Radiance £45 55mins

Energise and detoxify stressed, dull skin with a nutritional superfood boost. Leaves skin, plumper, radiant and lit up with good health.

Most of our treatments are suitable for men and women, however we know it can be difficult to decide so here are a few treatments which are particularly suitable for men

Elemis High Performance skin energizer £55 55mins

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests.

Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.

Elemis Biotech super charger for men £65 55mins

The facial to de-stress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism. Ultrasonic peeling, steam and galvanic current deliver a deep clean for a multi-tasking, time efficient solution.

Elemis freestyle deep tissue massage £47.50 55mins

Elemis hot mineral body boost £55 55mins

Mens Grooming - Waxing

Back £18.50

Chest £18.50

Eyebrows £7.50

Manicure £12

Pedicure £20

Little Luxuries

Health & Beauty

A 50% deposit will be taken for all treatments lasting longer than 2 hours. Cancellations Must be made via telephone or in person no less than 24 hours before your appointment is due to start otherwise a cancellation fee will be incurred. Please note, deposits are non refundable.

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🕒 Opening times

Mon - Fri: 9am till 8pm
Sat: 9am till 5pm
Sun: Closed

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2 SWAROVSKI